

JESUS AND MARY COLLEGE

IMPORTANT INFORMATION FOR STUDENTS AND STAFF WITH DISABILITIES

Jesus and Mary College (JMC), founded by the religious Congregation of Jesus and Mary upholds the values and ideals of the foundress of the Congregation, Saint Claudine Thevenet. Hence, the promotion and inculcation of values of love, compassion, equality and justice have remained an integral part of the college's ethos. JMC believes in eliminating social exclusion by not merely imparting knowledge in the classroom, but also working to produce sensitive and responsible citizens. The college encourages the students to be aware of the problems of the disadvantaged sections of society in their engagement with people from varied social milieu.

Since JMC believes in respecting and promoting the rights and dignity of each individual, the inclusion of people with disabilities is a primary focus of the college. JMC strives to be a disabled-friendly in all its aspects and works to be an institution that is chosen by people with disabilities for its suitable infrastructure, facilities of support and sensitised atmosphere that can help them grow and achieve their dreams.

ADMISSION AND RECRUITMENT OF PEOPLE WITH DISABILITIES

- Jesus and Mary College ensures strict implementation of admission policies for people with disabilities in accordance with the updated guidelines for admission of the UGC.
- JMC follows the roster of appointment of Teaching and Non-Teaching Staff for PwD category as approved by the University.

DISABLED-FRIENDLY INFRASTRUCTURAL FACILITIES

Jesus and Mary College takes pride in its disabled-friendly campus and offers the following facilities to make the campus more accessible.

1. **Ramps:** Jesus and Mary College campus is well connected with wheel-chair friendly pathways and ramps with railings. The ramps provide easy access to important places on the campus like the Multi-Purpose Hall (MPH), canteen, academic building, library and common room, sports field, amongst others.
2. **Wheelchair-friendly washrooms:** JMC has spacious and wheelchair-friendly washrooms on all the floors.

3. **Elevators:** JMC has three elevators- one in each multi-storeyed building on the campus. These elevators are reserved for college staff and students with disabilities. The buttons in these elevators have Braille signs to assist students with visual impairments.
4. **Signposts in Braille:** JMC has multiple signage in Braille to facilitate easy access and navigation to classrooms, staff room, washrooms, offices and other important facilities.
5. **Wheelchair:** JMC has a wheelchair available that can be used by students and visitors with disabilities as per requirement.

Ramps with railings



Wheelchair-friendly Washroom



Elevator buttons in Braille



Braille Signposts



Wheelchair



EQUAL OPPORTUNITY CELL

The Equal Opportunity Cell stands as a pillar to the social justice in the institution. The society works towards its commitment of creating avenues for students with disability to fulfil their potential and create an awareness among the members of the institution to the needs of students with disability and under-represented sections of the society. Its scope lies in creating an atmosphere of equality with special privileges to least advantaged group of the educational institution. The society also focuses on the academic discourses to sensitize the college community. Extra-curricular activities are conducted to bring knowledge and awareness among the student community.

- The Equal Opportunity Cell annually organises its inter-college competition, *Prayas* and an annual meet, *Unnati*.
- The society members audio record several readings for students with visual impairment as per their requirements

The Equal Opportunity Cell provides necessary human assistance and students may contact its representatives for queries, facility support and other concerns.

Dr Disha Narula (Convenor)

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President – Rabani Chawla

Vice President – Angel

General Secretary – Neha Dilwali

GLIMPSES OF EQUAL OPPORTUNITY CELL ACTIVITIES



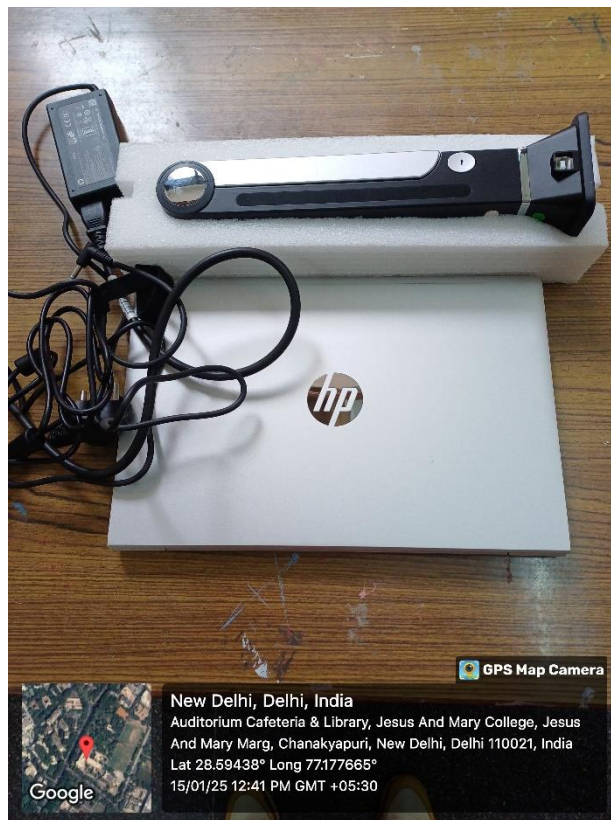
READING MATERIAL IN BRAILLE

The JMC library provides access to reading material and relevant Braille resources. Students with disabilities can seek assistance from the library and all department teaching staff to find suitable academic resources.

For library facilities, please contact Ms. Anila S Bharadwaj, Librarian, at librarianjmc75@gmail.com.

MECHANISED EQUIPMENT

A Kibo XS device and a designated laptop are available in the Equal Opportunity Cell room for visually impaired persons. The Kibo XS, when connected to a laptop, is used to read documents.





COUNSELLING FACILITIES

JMC has a free mental health support helpline. Psychotherapy and counselling services can be availed by students experiencing psychological distress in various forms. These services are available on campus for anyone experiencing psychological distress due to reasons like anxiety, depression, loss, trauma, relationship conflicts, confusion and crises around identity and life transitions, academic stress, social anxiety, etc.

For more details, please click this link:

<https://www.jmc.ac.in/uploads/notice/5e129092beb1547d985cd4cb3bb46bbb.pdf>




muktaa
Charitable Foundation
Beyond Barriers

Jesus and Mary College
New Delhi


**Do you feel like no one understands you?
like you are being ignored?
like no one values you?**

Call our free mental health helpline for support

- ☀ Call and talk to a trained counsellor over the phone
- ☀ Get free and immediate emotional support without revealing who you are
- ☀ Explore steps, resources or coping strategies



Muktaa Mental Health Helpline
0788-788-9882
12 - 8 PM (Monday to Saturday)
Free Mental Health Support Helpline



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Charitable Foundation
Beyond Barriers

Jesus and Mary College
New Delhi

FREE MENTAL HEALTH SUPPORT

You don't have to deal with everything alone

- ☀ Uncontrollable Anger
- ☀ Academics & Career
- ☀ LGBTQIA+
- ☀ Sadness & Depression
- ☀ Sexual Concerns
- ☀ Gender & Sexuality
- ☀ Family & Relatives
- ☀ Anxiety & Stress
- ☀ Peers & Friendships
- ☀ Substance Use



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AWARDS AND SCHOLARSHIPS FOR STUDENTS WITH DISABILITIES

DR. PREM SINGH AWARD

This award is given to a student with disability (60% and above disability) for securing 60% marks in any course.

In addition to this, the university also provides scholarships to students with disabilities. For more information please visit: <http://www.du.ac.in/index.php?page=opportunities-scholarships>